Adolescents’ drug use and its relationship with beliefs on drug use and perception of peer approval

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Abstract
Researchers and practitioners continue to explore the nature of adolescent drug use and the correlation of peer perceptions and belief in the harmful risks associated with the use of alcohol and other drugs. Youth prevention has focused on efforts to determine how adolescents perceive themselves or others who use drugs, and the extent to which adolescent drug use is associated with peer influence. Nationally focused research efforts find associations between social influences and beliefs associated with the susceptibility for drug use. Local level data was needed in order to aid state and community drug abuse programs. Data was collected from 141,342 youth in grades 6 through 12 in 156 separate communities or school corporations in the state of Indiana. A survey was administered from which results could be used to draw conclusions about alcohol and drug use throughout the state. Results indicated that students were less likely to participate in drug use if their beliefs indicated a high risk of individuals harming themselves if they used drugs (i.e., cigarette use r=-.140, p=.000; alcohol use r=-.109, p=.000). Results also found that students who had a negative perception of peer approval on drug use were less likely to use drugs (i.e., marijuana use r=-.212, p=.000; cocaine use r=-.137, p=.000). Findings suggest that youth intervention programs should be directed towards peer influence and perceived risk educational components to further influence youth behaviors with alcohol and other drug use.

Background
Youth prevention has focused on efforts to determine how adolescents perceive the use of drugs as related to self-harm. Efforts have also sought to clarify the extent to which adolescent drug use is associated with peer influence. Research efforts have yielded associations among social influences and beliefs associated with adolescent drug use and the correlation of peer influence. Efforts to determine how adolescents perceive the use of drugs as related to self-harm.

Results indicated that students were less likely to participate in drug use if their beliefs indicated a high risk of individuals harming themselves if they used drugs (i.e., cigarette use r=-.140, p=.000; alcohol use r=-.109, p=.000). Results also found that students who had a negative perception of peer approval on drug use were less likely to use drugs (i.e., marijuana use r=-.212, p=.000; cocaine use r=-.137, p=.000). Findings suggest that youth intervention programs should be directed towards peer influence and perceived risk educational components to further influence youth behaviors with alcohol and other drug use.

October 24—26

October 27—28
• Indianapolis, IN Proposal Writing http://appserv.iu.edu/cop/course.asp

November 5—9
• New Orleans, LA 133rd American Public Health Association Annual Meeting, November 5-9, 2005. www.apha.org/meetings

November 17—18
• Indianapolis, IN IYI’s 2005 Kids Count in Indiana. www.iyi.org

For a complete list of events, visit: www.drugs.indiana.edu
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the susceptibility for drug use. Similarly, research findings also indicate that adolescents are at heightened risk for substance use, but only if they reported themselves to be open to peer influence.

When testing for peer-group influences on the behaviors of drug and alcohol use, cigarette smoking, church going, and the likelihood of dropping out of high school, results indicate strong evidence of peer-group effects at the school level for all activities. Findings also reveal that peer drug use usually predicts self-reported drug use. When testing for peer-group influences on the behaviors of drug and alcohol use, cigarette smoking, church going, and the likelihood of dropping out of high school, results indicate strong evidence of peer-group effects at the school level for all activities. Findings also reveal that peer drug use usually predicts self-reported drug use.

Purpose
To investigate the nature of adolescent drug use and the associations among peer perceptions, and beliefs in the harmful risks associated with the use of alcohol and other drugs.

Methods
- N = 141,342
- Indiana students 6th through 12th grades
- Collected from 156 communities of school corporations throughout the state of Indiana during 2003 spring
- Paper-and-pencil based questionnaires administered during class time as groups
- Confidential and anonymous surveys

Instrument
Indiana Prevention Resource Center’s 2003 Alcohol, Tobacco and Other Drug Use (ATOD) Survey.

- 7-Items of beliefs subscale related to perceived risk of physical or other harm from drug use
- Four point Likert format ranging from “no risk” to “great risk”
- Internal consistency: Cronbach’s alpha=0.87

- 7-items of perceived peer approval/disapproval
- Five point Likert format ranging from “strongly approve” to “strongly disapprove”
- Internal consistency: Cronbach’s alpha=0.93

Results
- There were negative correlations between beliefs and annual and monthly use of various drugs – youth who believed that drugs were risky were less likely to use drugs.
- There were negative correlations between peer approval and annual and monthly used of various drugs – youth who perceived that their peers did not approve drug use were less likely to use drugs.

Perceived risk and peer influence educational components should be developed to prevent adolescents from tobacco, alcohol and other drug use.

Limitations
Non-sampling errors
- Coding mistakes
- Missing data

Sampling errors
- Location of chosen population
- Reported drug use may vary from one sample from another, due to environmental, social differences, etc.
- Average estimate of sampling error for each grade (6th-12th) < ±1% within a 95% confidence level

References